



SAMRAKSHA

‘A Yenepoya Student’s Venture’

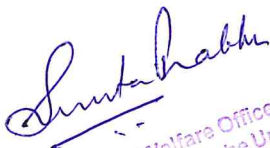
SAMRAKSHA, formerly known as ASHRAYA is a student organization run by the students of Yenepoya (Deemed to be University) .

SAMRAKSHA works anonymously to supply drugs to the poorest of the poor patients that are admitted in Yenepoya Medical College Hospital.

SAMRAKSHA also runs its own blood bank. Each year the second year undergraduate students of Yenepoya University work together for the benefit and success of the society. The medical, dental, physiotherapy and nursing students of the every batch work in great unity as the active members of SAMRAKSHA every year.

The different Units & Activities of SAMRAKSHA are:-

- CARE UNIT
- DRUG BANK
- PALLIATIVE CARE
- BLOOD BANK
- PLAY AREA & PATIENT ENGAGEMENT
- INSTITUTIONAL VISITS
- ART FOR CHARITY


Student Welfare Officer
Yenepoya (Deemed to be University)
Deralakatte, Mangaluru- 575 018

ATTESTED


Dr. Gangadhara Somayaji K S
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
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CARE UNIT

The Care unit of SAMRAKSHA has presented the year 2018-19 with a good work of delivering help to the needful patients of our hospital with the support of both the executive and other units of SAMRAKSHA. As is done every year, the major event in the Care unit was the induction of new members from 2017 batch. Proper orientation was given to the members regarding the various aspects of SAMRAKSHA care unit functioning.

DRUG BANK

The working members of the drug bank receive sample drugs from doctors, PGs ,medical reps and students .These drugs are sorted and maintained in our **Drug bank**(SAMRAKSHA office-5th floor EMD building), which are distributed free of cost to the needy patients of Yenepoya Medical College Hospital .


Drug boxes are kept in every OPD.

BLOOD BANK


We arrange blood donors for patients in emergencies and life threatening conditions, when the patient party is unable to arrange blood or a specific group is not available in our hospital blood bank.

PALLIATIVE CARE

The Palliative Care Unit and Play area was established by SAMRAKSHA under the guidance of Dr.Prabha Adhikari, HOD Geriatrics.


Dr. Prabha Adhikari
Yenepoya (Deemed to be University)
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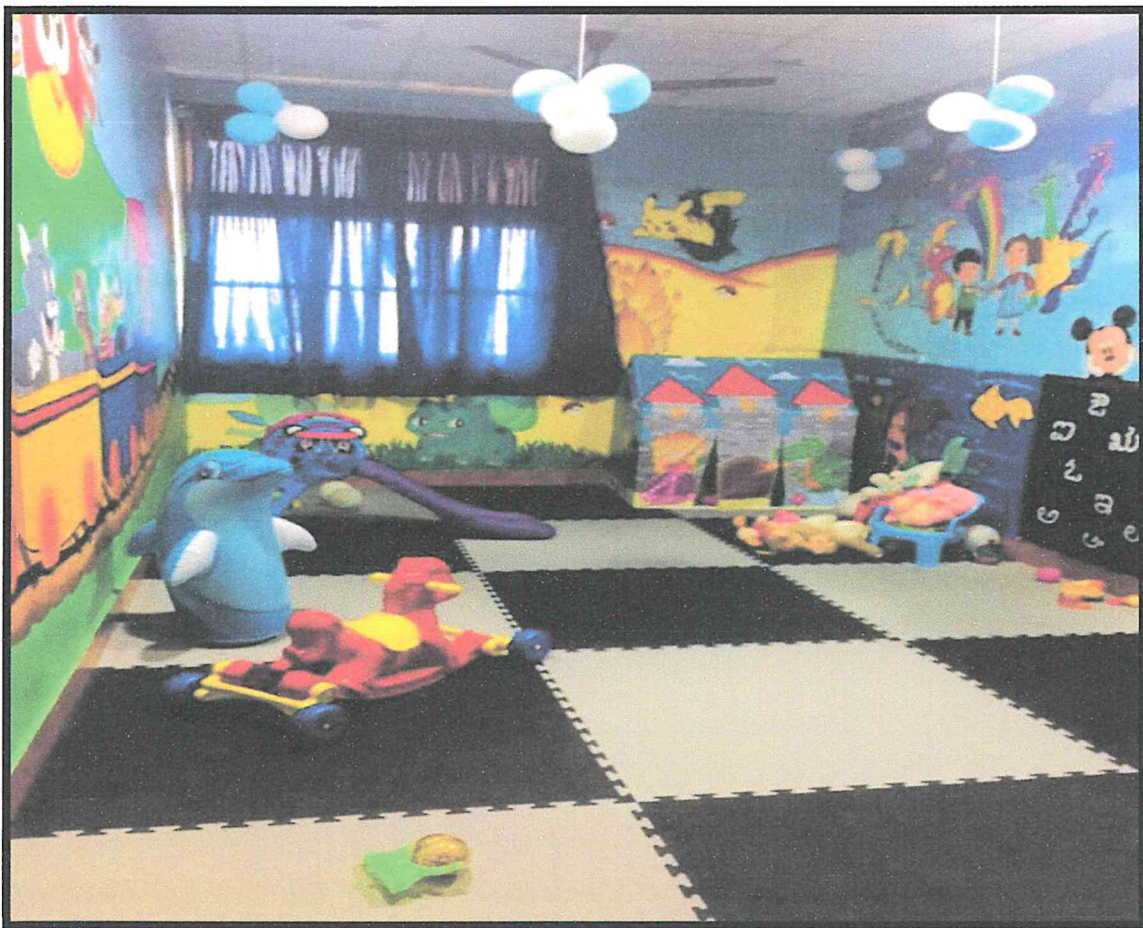
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The students of Palliative care group aim at providing support for patients with life limiting illnesses and their families. They organize small entertainment programmes and games in the wards involving the patients, once every two weeks, which provides relief from symptoms and stress of the illness and improves the quality of life for both the patient and their family.

PEDIATRIC PLAY AREA

A play area has been established in the pediatric ward for entertainment of the young patients and kids.



Susha Prabha
Student Welfare Officer
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PALLIATIVE CARE UNIT



PATIENT ENGAGEMENT



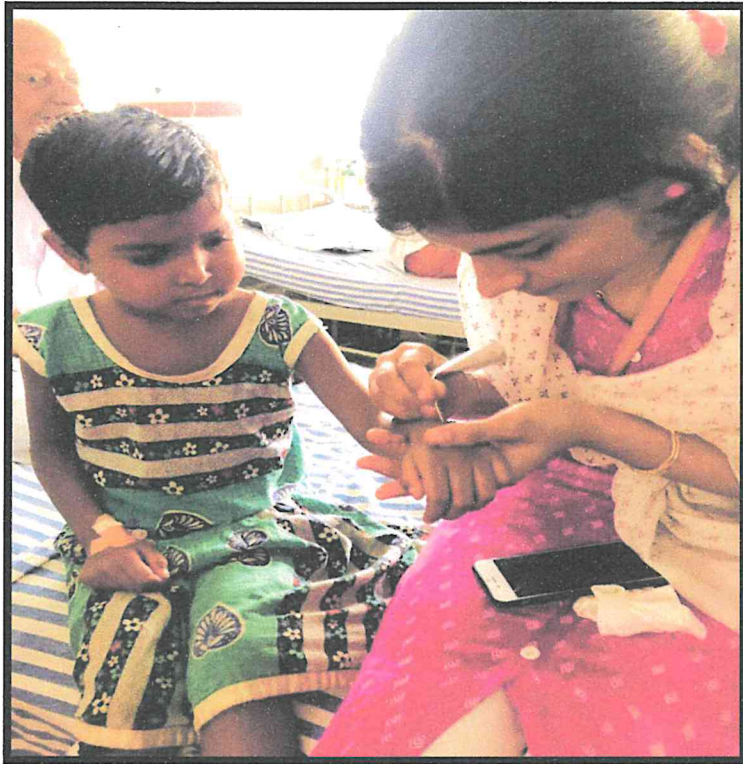
**Playing songs of
their choice.....**

Srinidhi
Student Welfare Officer
Yenepoya (Deemed to be University)
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KS

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Mehendi Day!!

**Entertaining
them with
games...**



Srutakshana
Student Welfare Officer
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ORPHANAGE/OLD AGE HOME VISIT

Student volunteers arrange visits to the nearby orphanages and old age homes, and food and snacks are distributed among the inhabitants.



Sudhakar
Student Welfare Officer
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ATTESTED
[Signature]

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ART FOR CHARITY

'Art for Charity' is an event conducted by SAMRAKSHA every year, by the hosting batch of the Yenepoya University. The purpose of this event is to mobilise funds for the ensuing year .

COMPARISON REPORT

<u>YEAR</u>	<u>2012-13</u>	<u>2013-14</u>	<u>2014-15</u>	<u>2015-16</u>
<u>NO OF PATIENTS HELPED</u>	118	132	104	126
<u>TOTAL AMOUNT RAISED</u>	RS. 6,43,427/-	RS. 7,57,568.36/-	RS. 6,46,623.98/-	RS. 6,40,121/-
<u>HOSTING BATCH</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>

<u>YEAR</u>	<u>2016-2017</u>	<u>2017-18</u>	<u>2018 - 19</u>
<u>NO OF PATIENTS HELPED</u>	126	68	129
<u>TOTAL AMOUNT RAISED</u>	RS. 8,75,730.5/-	RS. 3,03,509/-	RS.2,20,782/-
<u>HOSTING BATCH</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>



Student Welfare Officer
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 ATTESTED

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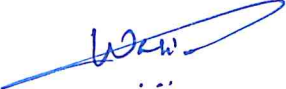
SAMRAKSHA GOALS FOR THE NEXT 15 YEARS

Phase	Plans	Requirements	Budget
I 2020-2025	<p>1) Provide support for the needy patients, in terms of :</p> <p>1)drugs 2)investigations 3)blood</p> <p>2)Increase the number of patients helped in a year by 50%</p> <p>3)Increase the budget allotted for each patient (rs.10,000 max) by 50%</p> <p>4) Providing an even more functional and larger drugs collection for distribution to the needy patients.</p> <p>5)Visit to orphanage homes 4 times annually</p> <p>5)Providing hair wigs for the oncology department</p>	<p>1) Functional office 2) Team of volunteers (already present)</p>	<p>10 lakh rupees annually = 50 lakhs rupees for 5 years</p> <p>ATTESTED</p>


Subhash
Student Welfare Officer
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	patients		
2025-2030	1)Collaboration with paediatrics department for providing nutrients for the malnourished children's 2) Old age home visits 6 times annually.		15 lakhs per year= 75 lakhs in 5 years
2030-2035	1) Provision of education of the needy children's. 2)Providing patients with drugs whenever needed that are required long term(eg.diabetes mellitus)		17 lakhs per annum 85 lakhs for five years


 WASIM MOHAMMED
 (TREASURER OF SAMRAKSHA)


 Student Welfare Officer
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